



# CHANNEL GUIDE

OCTOBER 2022

## KEY

|   |            |                  |                  |
|---|------------|------------------|------------------|
| 1 | PLAYER     | 4                | MIXIT            |
| 2 | MIX        | 5                | MAXIT            |
| 3 | FULL HOUSE |                  | PREMIUM CHANNELS |
|   |            | + PERSONAL PICKS |                  |

## HOW TO FIND WHICH CHANNELS YOU CAN GET

- Match your package to the column
- If there's a tick in your column, you get that channel
- If there's a plus sign, it's available as part of a Personal Pick collection

| 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|
| ✓ | ✓ | ✓ | ✓ | ✓ |
| ✓ | ✓ | ✓ | ✓ | ✓ |

101 BBC One HD\*

110 Sky Showcase

## ENTERTAINMENT

| 1 | 2 | 3 | 4 | 5 |                                |
|---|---|---|---|---|--------------------------------|
| ✓ | ✓ | ✓ | ✓ | ✓ | 100 Virgin Media Previews HD   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 101 BBC One HD                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 102 BBC Two HD                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 103 ITV HD/STV HD*             |
| ✓ | ✓ | ✓ | ✓ | ✓ | 104 Channel 4 HD/S4C HD*       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 105 Channel 5 HD               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 106 E4                         |
| ✓ | ✓ | ✓ | ✓ | ✓ | 107 BBC Three HD/BBC Four HD*  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 108 BBC Four HD*               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 109 Sky Showcase HD            |
| ✓ | ✓ | ✓ | ✓ | ✓ | 110 Sky Showcase               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 111 Sky Witness HD             |
| ✓ | ✓ | ✓ | ✓ | ✓ | 112 Sky Witness                |
| ✓ | ✓ | ✓ | ✓ | ✓ | 113 ITV                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | 114 ITV +1                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 115 ITV2                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 116 ITV2 +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 117 ITV3                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 118 ITV4                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 119 ITVBe                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 120 ITV Be +1/BBC Alba*        |
| ✓ | ✓ | ✓ | ✓ | ✓ | 121 Sky Max HD                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 122 Sky Max                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 123 Sky Comedy HD              |
| ✓ | ✓ | ✓ | ✓ | ✓ | 124 GOLD HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 125 W HD                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 126 alibi HD                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 127 Dave HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 128 Really                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 129 Yesterday                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 130 Drama                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 131 Dave ja vu                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 132 Comedy Central HD          |
| ✓ | ✓ | ✓ | ✓ | ✓ | 133 Comedy Central +1          |
| ✓ | ✓ | ✓ | ✓ | ✓ | 134 MTV HD                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 135 Sky Comedy                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 136 Sky Crime HD               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 137 Sky Crime                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 138 Sky Sci-Fi HD              |
| ✓ | ✓ | ✓ | ✓ | ✓ | 139 Sky Sci-Fi                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 140 Sky Arts HD                |
| ✓ | ✓ | ✓ | ✓ | ✓ | 141 Channel 4 HD*              |
| ✓ | ✓ | ✓ | ✓ | ✓ | 142 Channel 4 +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 143 4Seven                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 144 E4 HD                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 145 E4 +1                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 146 More4                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 147 CBS Reality                |
| ✓ | ✓ | ✓ | ✓ | ✓ | 149 Legend                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 150 5ACTION HD                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 151 5STAR                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 152 5Select                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 153 5 USA                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 154 Channel 5                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 155 Channel 5 +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 156 Pick                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 157 BBC Three HD*              |
| ✓ | ✓ | ✓ | ✓ | ✓ | 159 Regional Channels          |
| ✓ | ✓ | ✓ | ✓ | ✓ | 160 Challenge                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 161 BBC Alba*                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 162 BBC Scotland HD/ITVBe +1*  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 163 E! HD                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 164 E!                         |
| ✓ | ✓ | ✓ | ✓ | ✓ | 165 Sky Arts                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 166 S4C HD*                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 167 TLC HD                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 168 Investigation Discovery    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 169 Quest HD                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 170 Quest Red                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 171 DMAX                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 172 TLC +1                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 173 Investigation Discovery +1 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 174 ITV3 +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 175 ITV4 +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 176 ITV2 HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 177 ITV3 HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 178 ITV4 HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 179 ITVBe HD                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 180 Sky Replay                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 181 Comedy Central             |
| ✓ | ✓ | ✓ | ✓ | ✓ | 182 Comedy Central Extra       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 183 MTV                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | 185 5 USA +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 186 5STAR +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 187 5ACTION                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 189 Great! TV                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 190 W +1                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | 191 alibi +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 192 HorrorXtra                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 194 GOLD +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 195 More4 HD                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 196 More4 +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 197 RealityXtra                |
| ✓ | ✓ | ✓ | ✓ | ✓ | 200 Yesterday +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 201 CBS Reality +1             |
| ✓ | ✓ | ✓ | ✓ | ✓ | 202 HorrorXtra +1              |
| ✓ | ✓ | ✓ | ✓ | ✓ | 203 4Seven HD                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 204 Netflix                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 205 Amazon Prime Video         |
| ✓ | ✓ | ✓ | ✓ | ✓ | 206 Sky Witness +1             |
| ✓ | ✓ | ✓ | ✓ | ✓ | 207 Sky Crime +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 209 Crime + Investigation HD   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 213 Quest +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 214 DMAX +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 216 BLAZE®                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 222 Crime + Investigation +1   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 228 Virgin TV Ultra HD         |
| ✓ | ✓ | ✓ | ✓ | ✓ | 290 HGTV +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 292 God Channel                |

## FACTUAL & LIFESTYLE

| 1 | 2 | 3 | 4 | 5 |                                 |
|---|---|---|---|---|---------------------------------|
| ✓ | ✓ | ✓ | ✓ | ✓ | 245 Eden HD                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 246 Eden +1                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 250 Discovery HD                |
| ✓ | ✓ | ✓ | ✓ | ✓ | 251 Animal Planet HD            |
| ✓ | ✓ | ✓ | ✓ | ✓ | 252 Discovery Science           |
| ✓ | ✓ | ✓ | ✓ | ✓ | 256 Discovery Turbo             |
| ✓ | ✓ | ✓ | ✓ | ✓ | 257 Discovery History           |
| ✓ | ✓ | ✓ | ✓ | ✓ | 258 Discovery +1                |
| ✓ | ✓ | ✓ | ✓ | ✓ | 259 Animal Planet +1            |
| ✓ | ✓ | ✓ | ✓ | ✓ | 260 Discovery Science +1        |
| ✓ | ✓ | ✓ | ✓ | ✓ | 261 Discovery History +1        |
| ✓ | ✓ | ✓ | ✓ | ✓ | 265 National Geographic WILD HD |
| ✓ | ✓ | ✓ | ✓ | ✓ | 266 National Geographic         |
| ✓ | ✓ | ✓ | ✓ | ✓ | 267 National Geographic +1      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 268 National Geographic HD      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 269 Together                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 270 Sky HISTORY HD              |
| ✓ | ✓ | ✓ | ✓ | ✓ | 271 Sky HISTORY +1              |
| ✓ | ✓ | ✓ | ✓ | ✓ | 272 Sky HISTORY2 HD             |
| ✓ | ✓ | ✓ | ✓ | ✓ | 273 PBS America                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | 276 Smithsonian Channel HD      |
| ✓ | ✓ | ✓ | ✓ | ✓ | 277 Sky Documentaries HD        |
| ✓ | ✓ | ✓ | ✓ | ✓ | 278 Sky Documentaries           |
| ✓ | ✓ | ✓ | ✓ | ✓ | 279 Sky Nature HD               |
| ✓ | ✓ | ✓ | ✓ | ✓ | 280 Sky Nature                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | 285 Food Network                |
| ✓ | ✓ | ✓ | ✓ | ✓ | 286 HGTV                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | 290 HGTV +1                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | 292 God Channel                 |

## MUSIC

| 1 | 2 | 3 | 4 | 5 |                 |
|---|---|---|---|---|-----------------|
| ✓ | ✓ | ✓ | ✓ | ✓ | 300 VM Music    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 310 MTV Music   |
| ✓ | ✓ | ✓ | ✓ | ✓ | 311 MTV Live HD |
| ✓ | ✓ | ✓ | ✓ | ✓ | 312 MTV Hits    |
| ✓ | ✓ | ✓ | ✓ | ✓ | 313 MTV 90s     |